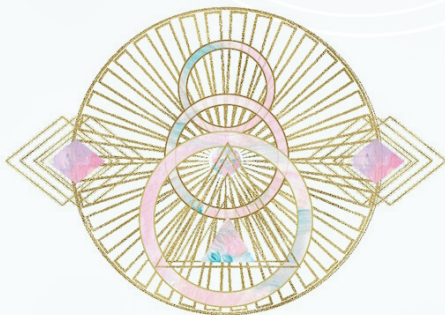


Kundalini Yoga with Harmony



Practice specific postures to boost your immune system, increase clarity and magnetize prosperity. Kundalini yoga activates various brain and energy centers in the body. It's a technology designed specifically for this time of transition into the Aquarian Age. Learn to keep your energy high to help compensate for the environmental effects of 5G deployment.

For more info about **Kundalini yoga and Harmony Polo**, visit www.harmonypolo.com



Wednesdays 5:30 - 7PM, \$20

Flowering Heart Center

285 W. Loop Rd, Wheaton

Pre-Registration **REQUIRED**

www.floweringheartcenter.org

